



Ministry at Home



Family Devotional for Wednesday, April 1st

Note for Parents: Thanks for taking the time to do this study with your kids. I will be following up tomorrow with them via Zoom to check in and see what you came up with regarding the discussion questions below. What you're doing tonight is where ministry really happens. Discussions like this can make a huge impact on your kids and hopefully on you too. Thank you for being a tool in God's hands! He's at work even during a pandemic! 😊

Instructions: Pray together to start. The main scripture for tonight comes from Philippians 4:4-10. Read it as a family and talk about it. I have provided a summary of the scripture and discussion questions below. They're there if you want to use them, but feel free to go wherever the conversation takes you. The important thing is to simply sit and talk about the Word of God for a little while. This is your class so lead it as you see fit. Close in prayer.

Scripture: Philippians 4:4-9

Summary: Paul tells us to rejoice in all circumstances! Our joy is rooted in our relationship with God. However, life happens and our relationship with God loses our attention. As a result, the joy we have in God leaves too. Paul says that the opposite of rejoicing is anxiousness. One makes us look at God while the other makes us look at ourselves.

Paul has a remedy to anxiousness: talking with God, asking him for help, and thanking him for all he does. In other words, Paul's prescription is prayer. Notice, he doesn't say that God will always give you what you want. It says that God's peace will be with you and will protect you.

Lastly, Paul lists different things for us to think about. Why would he suggest focusing on these things? Because these are the character traits of God! Paul knows that when you see the character of God in the people and things around you, it causes you to focus on him more. When we focus on him, the joy returns, and the anxiousness is replaced by peace.

Discussion Questions:

1. How did you see God today? Did you see anything that was true, noble, right, pure, lovely, excellent, praiseworthy, or admirable?
2. What sort of things cause you to lose your joy/become anxious?
3. We know we need to talk to God about the things that go on in our lives, but sometimes we do and sometimes we don't. Do you talk to God about these things very much or do you keep them to yourself?
4. We want to continue to grow in our prayer lives. How can we as a family help each other with this?
 1. The first thing that came to my head was intentional family prayer time each day. You can try this if you want to or if you're not doing it already! Or you may come up with something completely different and that is great. Hope it is good for your family! Thanks for your intentional effort in discipling your kids.